

KidsCare

Topic: Facts on Blue Light



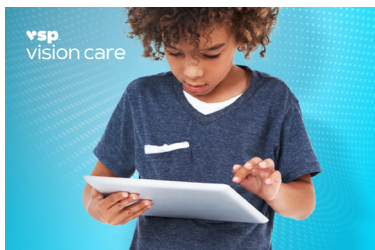
Instructions:

1. Click “Download” and open the JPG from the Social Media zip file
2. Copy and paste the suggested social media copy shown below
3. Paste into your social media page
4. Double-check the copy and image to ensure they look good/correct before posting

Image name: Social_Media_Toolkit_23.jpg

Suggested Social Copy: Did you know that the blue light emitted from your devices can contribute to digital eye strain? Learn the potential impact on vision.
<https://www.vsp.com/eyewear-wellness/ask-eye-doctor/tired-eyes>

Additional image options



Social_Media_Toolkit_24.jpg