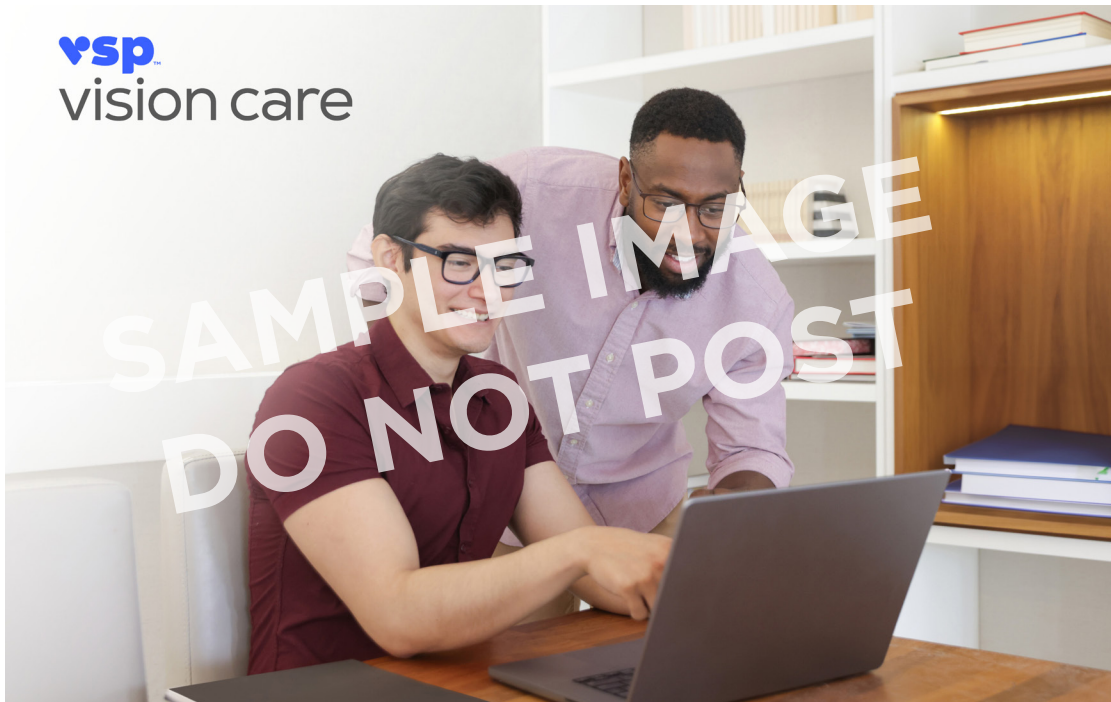


May

Topic: Healthy Vision Month

vsp
vision care



Instructions:

1. Click “Download” and open the JPG from the Social Media zip file
2. Copy and paste the suggested social media copy shown below
3. Paste into your social media page
4. Double-check the copy and image to ensure they look good/correct before posting

Image name: Social_Media_Toolkit5.jpg

Suggested Social Copy: There are many ways to maintain healthy vision, from reducing screen time and wearing sunglasses outdoors, to eating the right foods, and of course, getting regular eye exams. What can you be doing even better to take care of your vision?

<https://www.vsp.com/eyewear-wellness/eye-health/eye-health-and-wellness>